



## Infant Menu: Week One

<b>Meal:</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>BREAKFAST</b>	Cereal Bananas or Blueberries  Formula Homo Milk	Whole Wheat Toast with Cream Cheese  Formula Homo Milk	Oatmeal Apple Slices  Formula Homo Milk	Whole Wheat Toast with Cream Cheese  Formula Homo Milk	Muffins Mixed Fruit  Formula Homo Milk
<b>LUNCH</b>	Soup of the Day  Cheese Cubes  Fruit  Formula Homo Milk	Poached Chicken  Steamed Carrots & Peas  Fruit  Formula Homo Milk	Pasta with Meatballs in Tomato Sauce  Peas  Fruit  Formula Homo Milk	Grilled Tofu  Mashed Potatoes  Steamed Cauliflower  Fruit  Formula Homo Milk	Scrambled Eggs  Mashed Sweet Potatoes  Steamed Carrots  Fruit  Formula Homo Milk
<b>PM SNACK</b>	Yogurt  Fruit Slices  Water Formula Homo Milk	Cheese Cubes  Broccoli  Water Formula Homo Milk	Mashed Veggie Puree  Water Formula Homo Milk	Steamed Veggies  Mashed Avocados  Water Formula Homo Milk	Applesauce Crackers  Water Formula Homo Milk

- Breast milk or formula offered when provided by parent.
- All Milk or soy based iron-fortified infant formula or cereal when provided by parent
- Supplementary snacks and bottles to be offered throughout out the day



## Infant Menu: Week Two

<b>Meal:</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>BREAKFAST</b>	Cereal Bananas or Blueberries  Formula Homo Milk	Whole Wheat Toast with Cream Cheese  Formula Homo Milk	Fruit Puree Fruit Slices  Formula Homo Milk	Whole Wheat Toast with Cream Cheese  Formula Homo Milk	Oatmeal Mixed Fruit  Formula Homo Milk
<b>LUNCH</b>	Soup of the Day  Crackers & Cheese  Fruit  Formula Homo Milk	Baked Macaroni with Cheddar Cheese  Bean Salad  Fruit  Formula Homo Milk	Tofu & Vegetable Stir Fry  Rice  Fruit  Formula Homo Milk	Pasta in Tomato Sauce with Chicken  Steamed Veggies  Fruit  Formula Homo Milk	Scrambled Eggs  Whole Wheat Toast  Steamed Carrots  Fruit  Formula Homo Milk
<b>PM SNACK</b>	Pita Cucumber  Water Formula Homo Milk	Avocado Dip  Steamed Carrots  Water Formula Homo Milk	Veggie Puree  Crackers  Water Formula Homo Milk	Homemade Granola with Apple Slices  Water Formula Homo Milk	Cheese Cubes  Broccoli  Water Formula Homo Milk

- Breast milk of formula offered when provided by parent.
- All Milk or soy based iron-fortified infant formula or cereal when provided by parent
- Soup Of The Day can include but not limited to: Butternut Squash, Chicken Noodle, Minestrone
- Supplementary snacks and bottles to be offered throughout out the day